

# Can We Talk About Skin Colour?

*Carmel Page*

Questions to consider, discuss or journal.

Is there racial diversity in your community?

Does your community make an effort to have healthy conversations about race? How can you create an environment that facilitates and supports conversations about race?

After completing the author's thought experiment, how did your answers compare to hers? If you are in a group, how did they compare with the groups?

What biases do you have regarding skin colour? Have you taken the time to examine your biases and explored how to adjust them if they are damaging?

Have you noticed or experienced prejudiced ideas and racism in your in your circles? Work? Social? Church?

The author defines antiracism as “making a conscious effort and taking deliberate actions, intended to challenge and defeat racism.” What does being antiracist look like in your life? In your church?

Have you heard the “Curse of Canaan” theory of blackness before? What are/were your reactions?

*“My survey shows that we are a racist community.”* What was your reaction to this statement from the author? How did it make you feel? What are you going to do with this information?

We have been given a practical list of things we can do in Sunday School, In Services, In Positions of Responsibility, In Conversations and Decisions, and In our Own Time. Which are you going to implement? Are there things you are already doing to be antiracist that we can include with this list? Please share on the discussion board on the Press On Journal website.